

## Opening Prayer

O God, we are about to walk with your Son through the stages of His suffering and death. Jesus' sacrifice saved us and brought us new life through His sacrifice on the cross and His rising from the dead three days later. Help us to understand a little better and to love a little more. Help us to live more unselfish lives. Open our minds to help us see how we can better follow in Jesus' footsteps. We ask this through Christ, our Lord, Amen.

## Station 2. Jesus carries his cross.

### LET US PRAY:

God, my problems may seem small to those around me, but you know how hard they are for me to carry sometimes. Help me remember and pray for those who are handicapped and those whose problems are severe. When I'm tempted to complain, help me remember Jesus and the cross He carried for me. Through Christ, our Lord. Amen.

## station 1 Jesus is condemned

### WE PRAY:

God, many times people don't seem to understand me. Sometimes too, I feel like the criticism of others is unfair. Help me accept the mistakes of others as you accept me when I make mistakes. Help me be big enough to ask forgiveness for the mistakes I make and to forgive as Jesus did. Help us be grateful for what you did for us. Help us to accept criticism and unfairness as you did, and not complain. Help us pray for those who have hurt us. Through Christ, our Lord. Amen.

## Station 3 Jesus falls the first time.

### LET US PRAY:

God, I know there are many times when I give up before I should. I need to think of the cross Jesus carried, and how he got up again and kept moving. Help me to do my work as well as I can and to finish what I have started. When I fall, help me get up again and keep going. Through Christ, our Lord. Amen.

Station 4 Jesus meets his mother.

LET US PRAY:

God, you gave me my parents.  
Nobody can take their place.  
I thank you for that gift. Help  
me to show my love and  
appreciation to them. Help me  
to remember to pray for them  
often. If they have died, help  
me be challenged by the love  
they shared with me. When I  
feel alone, help me to realize  
that you are my parent, the  
friendly face that I can depend  
upon to give me the help I need.  
Through Christ, our Lord. Amen.

Station 6 Veronica wipes the face  
of Jesus.

LET US PRAY:

God, help me see the needs of others  
as being as important as my own  
needs. Remind me to go out of my  
way to be helpful, even if I'm not  
asked. Help me not be concerned  
about what others may think of me.  
Through Christ, our Lord. Amen.

Station 5 Simon of Cyrene helps  
Jesus to carry his cross.

LET US PRAY:

God, help me notice the needs of  
those around me. Help me do more  
than just stand there and watch.  
Help me see the needs of others  
as opportunities for me to reach  
out and help as you did. Through  
Christ, our Lord. Amen.

Station 7 Jesus falls the second time.

LET US PRAY:

God, sometimes life is hard.  
Sometimes I grow impatient with  
myself, and even take that  
impatience out on others. Help  
me do my best without comparing  
myself with others. Help me realize  
how much you love me, just as I am.  
Help me keep trying when things  
get hard and when I fall, just like  
Jesus did.  
Through Christ, our Lord. Amen.

Station 8 Jesus meets the women of Jerusalem.

LET US PRAY:

God, many times I am selfish. I expect others to serve me while doing very little for them. Help me think more about others. Help me remember that others have problems, too. Help me notice and respond to the needs others have, even when I'm busy or I have problems of my own. Through Christ, our Lord. Amen.

Station 10 Jesus clothes are taken away.

LET US PRAY:

God, help me be aware of the prejudices I have against others. Help me value those around me, rather than degrading them by telling unclean stories. Help me strive to be pure in my thoughts, words and deeds. Help me say things that build up the people around me. Help me overcome worldly desires that I may become more like Jesus. Help me set a good example for others to follow. Through Christ, our Lord. Amen.

Station 9 Jesus falls a third time.

LET US PRAY:

God, many times I feel like giving up. Sometimes I grow impatient with myself, especially when I make the same mistakes over and over again. Help me think of the cross you carried. Help me continue to hope that I can make the changes in my life I need to. You didn't give up. I can have the strength to get up again as well. Help me use this awareness to become more compassionate toward others. Help me get up and keep going, as Jesus did. Through Christ, our Lord. Amen.

Station 11 Jesus is nailed to the cross.

LET US PRAY:

God, sometimes I act without thinking. I can be easily led, just like the soldiers and the crowd that put Jesus to death. Never let me drive a nail into another by my prejudice or hatred. Help me look again at the people around me. Help me see the hurt and pain I have caused in others. Be with me to help me make amends for the harm I have done. Through Christ, our Lord. Amen.

Through Christ, our Lord. Amen.

Station 12 Jesus dies on the cross.

Let us Pray:

Jesus, let me take a few moments now to consider your love for me. Help me thank you for your willingness to go to your death for me. Help me express my love for you!

Station 14 Jesus is laid in the tomb.

LET US PRAY:

God, how uncomfortable it can make me to see the loving and generous way Jesus gave all he had for me. How selfish I can feel to hear of the generosity of Mary, Simon, Veronica, the women of Jerusalem, and Joseph of Arimathea. Help me think of Joseph of Arimathea, who risked his own life as he accepted Jesus' body for burial. Help me think of how Joseph loved Jesus so much that he gave him his own tomb. Help me to share my life and love more fully, out of gratitude for the great love you have shown for me. Amen.

Station 13 The body of Jesus is taken down from the cross.

LET US PRAY:

God, I never know how many more days I will live. Perhaps it will be many years, perhaps not too many days. Help me make this a better day for those around me. Help me say kind things to the ones I love while they are with me, and while I am with them. It can make my life fuller and their lives happier when I do. Help me look for the good in those around me, especially those I love the most. Help me live this day as if it were the last. Help me become a more gentle and loving person through my greater appreciation for those around me.

The Resurrection of Jesus.  
Jesus rises from the dead.

LET US PRAY:

God, you so loved the world that you gave your only son, who died and rose for all of us. Help me be thankful for the eternal life promised me. Help me approach you often for the forgiveness I need, the forgiveness Jesus won for me through his passion, death and resurrection. Help me remember that, through Baptism, I have become a child of God. I am united with Christ, with those who live around me, and with those who have died as well. Jesus suffered all the difficulties I must face, so I know you understand my challenges and walk with me as I face them. I know I must face certain difficulties. Even though I don't like

them, help me feel your presence with me. Help me use the gifts of the Holy Spirit to face all the challenges that confront me. I know that sin, suffering and death have been overcome by the resurrection of your son. Help me share in the joy of all who have been redeemed, that I may be renewed, made more perfect, and cry out with joy with all your people.